



Money Viking Market Report July 1st – July 5th 2024

Money Vikings Market Report							7/7/2024		
	Symbol/Name	Last Week	Today	MTD	YTD	Price	1 Month Rolling Trend	3 Month Rolling Trend	1 Year Rolling Trend
QQQ	The Nasdaq	3.36%	1.04%	3.25%	18.20%	496.16			
DIA	The Dow	0.41%	0.22%	0.41%	4.80%	393.70			
IWM	Small Caps	-1.30%	-0.48%	-1.32%	0.73%	200.87			
SPY	The S&P 500	1.65%	0.58%	1.62%	14.87%	554.64			
AAPL	Apple	4.42%	2.16%	6.30%	17.31%	226.34			
VIX	The VIX	-3.85%	1.79%	-4.01%	-5.93%	12.48			
TLT	Bonds	2.37%	0.83%	2.31%	-6.13%	92.56			
VNQ	Real Estate	-0.22%	0.28%	-0.22%	-5.44%	83.51			
DBA	Agriculture	2.80%	0.67%	2.73%	13.85%	24.19			
DBC	Commodities	1.71%	0.38%	1.68%	6.90%	23.78			
GLD	Gold	2.64%	1.35%	2.57%	13.35%	220.93			
USO	Crude Oil	1.37%	0.05%	1.35%	16.91%	81.31			
UUP	The US Dollar	-0.69%	-0.35%	-0.69%	5.51%	28.88			
EEM	Emerging Markets	1.80%	0.41%	1.76%	8.71%	43.63			
UNG	Natural Gas	-8.67%	-4.59%	-9.49%	-34.36%	15.60			
http://truewealth.moneyvikings.com						data source: Google Finance API			

This is a generic list of equities, bonds, large caps, small caps, vix, large sectors, commodities, dollar.







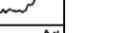

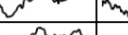

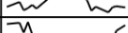
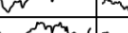
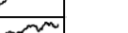
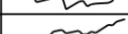
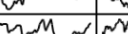
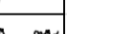
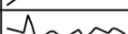
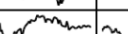
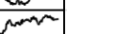


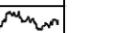



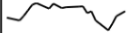

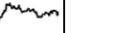

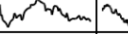


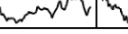
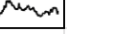
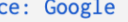


Vanguard Market Cap and Style Matrix

Money Vikings Market Report - Vanguard						7/7/2024			
	Symbol/Name	Last Week	Today	MTD	YTD	Price	1 Month Rolling Trend	3 Month Rolling Trend	1 Year Rolling Trend
VTV	Large Cap Value	-0.37%	-0.09%	-0.37%	7.71%	160.33			
VOE	Mid Cap Value	-1.27%	-0.30%	-1.27%	3.37%	149.04			
VBR	Small Cap Value	-1.65%	-0.88%	-1.65%	0.52%	179.99			
VV	Large Cap Blend	1.71%	0.64%	1.71%	17.47%	254.77			
VO	Mid Cap Blend	0.60%	0.05%	-0.52%	4.53%	241.67			
VB	Small Cap Blend	-1.15%	-0.51%	-1.15%	2.20%	216.48			
VUG	Large Cap Growth	3.29%	1.20%	3.29%	25.62%	387.36			
VOT	Mid Cap Growth	0.22%	0.24%	0.22%	5.87%	230.98			
VBK	Small Cap Growth	-0.51%	-0.07%	-0.51%	4.08%	249.54			
http://truewealth.moneyvikings.com						data source: Google Finance API			

This is a list of Large Cap, Medium Cap and Small Cap funds that also divide the funds into growth vs value. Below is the same data plotted on a matrix



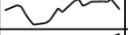





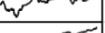






















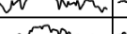
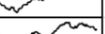






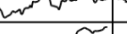
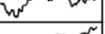




	Value	Blend	Growth
Large Cap	-0.09%	0.64%	1.20%
	VTV	VV	VUG
Mid Cap	-0.30%	0.05%	0.24%
	VOE	VO	VOT
Small Cap	-0.88%	-0.51%	-0.07%
	VBR	VB	VBK

Pappa Bear Vanguard Funds

Money Vikings Market Report - Vanguard / Pappa Bears						7/7/2024			
	Symbol/Name	Last Week	Today	MTD	YTD	Price	1 Month Rolling Trend	3 Month Rolling Trend	1 Year Rolling Trend
VUG	US large-cap growth stocks	3.29%	1.20%	3.29%	25.62%	387.36			
IAU	Gold	2.64%	1.35%	2.64%	15.50%	45.15			
VWO	Emerging Market	1.43%	-0.02%	1.43%	9.65%	44.66			
VTV	US Large Cap value	-0.37%	-0.09%	-0.37%	7.71%	160.33			
VEA	Developed Market large-cap	2.06%	0.64%	1.71%	6.41%	50.48			
PDBC	Commodities	1.77%	0.42%	1.77%	7.32%	14.36			
VIQG	US small-cap growth	-0.68%	-0.55%	-0.68%	2.49%	109.52			
VGIT	US Treasury notes 10-yr	1.05%	0.45%	1.05%	-1.15%	58.44			
VNQ	US real estate	-0.22%	0.28%	-0.22%	-5.16%	83.51			
VCLT	US high qual bonds	2.30%	0.68%	2.30%	-3.30%	76.82			
VIOV	US small cap value	-1.60%	-0.88%	-1.60%	-6.27%	82.38			
EDV	US treasury bonds 30 yr	2.97%	1.00%	2.97%	-8.55%	73.39			
http://truewealth.moneyvikings.com						data source: Google Finance API			

For Investors looking for low cost ETFs that represent the market, these ETFs are sold by Vanguard and can be used to create a low fee portfolio.

Sector Report

Money Vikings Sector Report						7/7/24			
	Symbol/Name	Last Week	Daily	MTD	YTD	Price Today	1 Month Rolling Trend	3 Month Rolling Trend	1 Year Rolling Trend
XLE	 Energy	-1.94%	-1.56%	-1.94%	6.72%	90.10			
XLY	 Consumer Discretionary	3.38%	0.81%	3.38%	6.20%	189.30			
XLC	 Communications	2.30%	1.94%	2.30%	21.37%	87.76			
XLF	 Financials	0.63%	-0.02%	0.63%	10.77%	41.54			
XLP	 Consumer Staples	0.52%	1.23%	0.52%	7.82%	77.38			
XLV	 Healthcare	-1.12%	0.77%	-1.12%	6.15%	144.41			
XLI	 Industrials	-1.00%	-0.36%	-1.00%	7.06%	121.22			
XLB	 Materials	-0.54%	0.16%	-0.54%	3.51%	87.90			
XLRE	 Real Estate	-0.05%	0.37%	-0.05%	-4.18%	38.30			
XLK	 Technology	2.79%	0.31%	2.79%	22.66%	232.88			
XLU	 Utilities	-0.44%	0.18%	-0.44%	8.71%	68.55			
https://truewealth.moneyvikings.com						data source: Google Finance API			

These ETFs represent each of the sectors in the stock market